

THYROsmart®

What to expect from this product:

For those with low thyroid:

- ♥ Supports optimal thyroid health
- ♥ Improves conversion of T4 to the more potent T3
- ♥ Enhances weight loss and metabolism
- ♥ Improves energy
- ♥ Improves sensitivity to temperature

For those on thyroid medication:

- ♥ THYROsmart works with supplemental thyroid hormones to improve the conversion of T4 to T3.
- ♥ THYROsmart is to be used in conjunction with thyroid medication. Do not stop taking your thyroid medication.
- ♥ Use with ADRENAsmart



NPN 80028673

The thyroid gland is located in the front of the neck below the voice box. The thyroid secretes two hormones that are essential for regulating metabolism: triiodothyronine (T3) and thyroxine (T4). A deficiency in these hormones results in hypothyroidism. Twenty-three percent of the population is currently taking medication for low thyroid function.

An additional 30 percent of women have low thyroid function that has not been diagnosed due to the inadequacy of the thyroid stimulating hormone (TSH) test. The range of "normal" for most TSH tests is 0.5 to 5.5 or 6.0 mIU/L. In order to be diagnosed at the doctor's office with low thyroid, your TSH would have to be above 5.5 mIU/L.

However, those with a TSH above 2.0 mIU/L will have low thyroid symptoms such as low body temperature, constipation, weight gain, fatigue, hair loss, eyebrow hair loss, depression, recurring infections, sensitivity to cold, dry skin, headaches, reduced libido, infertility, recurring miscarriages, menstrual problems and never-ending menopausal symptoms. THYROsmart is for both those on thyroid medication and those with a TSH above 2.0 mIU/L.

Tyrosine is an amino acid that is used to make thyroxine, a necessary thyroid hormone. Tyrosine assists a sluggish thyroid and can aid in the loss of those unwanted pounds.

Sensoril® ashwagandha has traditionally been used in Ayurvedic medicine to support the thyroid gland. Studies show that it enhances thyroid function and produces a significant increase in T4 thyroid hormone.

Guggal extract supports complete thyroid health while enhancing the conversion of T4 hormone to the more potent T3 hormone. Guggal extract and ashwagandha should be used together to support thyroid health.

Pantothenic acid supports the adrenal glands, increases energy, and helps you better handle stressful situations.

Iodide (potassium iodide) is essential for the production of thyroid hormones. Now that table salt is often eliminated from the diet due to fears of high blood pressure, North Americans often do not get enough potassium iodide to support proper thyroid health.

Copper and manganese: A deficiency in these nutrients can contribute to hypothyroidism. Supplementing with these minerals as well as vitamins A, B2, B3, B6, C, D and E along with the mineral selenium will ensure optimal health of your thyroid gland. MULTIsmart is a delicious powdered multivitamin with minerals that includes all of the above supporting nutrients as part of a complete formula. Combined with THYROsmart, MULTIsmart will provide proper thyroid nutrition.

FORMULA:

EACH 2 CAPSULES CONTAIN:

L-Tyrosine	500 mg
Sensoril®: Ashwagandha (Withania somnifera) root	125 mg
and leaf extract (10% withanolides) (8:1 from 1000 mg of Ashwagandha)	
Commiphora Mukul (Guggul) (Oleo-Gum Resin) extract	120 mg
(2.5% Guggulsterones)	
Pantothenic acid (Calcium D-pantothenate)	100 mg
Copper (Gluconate)	500 mcg
Manganese (Citrate)	500 mcg
Iodide (Potassium Iodide)	100 mcg
Selenium (Selenomethionine)	50 mcg

This product does not contain irradiated rice flour, artificial preservatives, colors or sweeteners; no gluten, soy, wheat or yeast. **GLUTEN-FREE.**

SUGGESTED USE:

- Take 2 capsules with breakfast or as directed by a health care practitioner.

I am feeling great!

Hi Lorna,

I take 2 THYROsmart every morning. My latest TSH results were 2.8! Last year I was at almost 4.0! THYROsmart is obviously working! I am so excited by the results and I feel great! I really believe in all of your products. Thank you for all your help, great products, and informative lectures. – MV, BC